



Trinidad and Tobago is well known for its African and Indian cultures, reflected in its large and famous Carnival, Diwali, and Hosay celebrations, as well being the birthplace of steelpan, the limbo, and music styles such as calypso, soca, rapso, parang, chutney, and chutney soca.

The national birds of Trinidad and Tobago are the scarlet ibis and the cocrico. The scarlet ibis is kept safe by the government by living in the Caroni Bird Sanctuary which was set up by the government for the protection of these birds. The Cocrico is more indigenous to the island of Tobago and are more likely to be seen in the forest.



Saying bake and shark is like the best fish taco you'll ever eat is a simplistic way of describing this delectable meal. It starts with the humble "bake," lightly fried bread, which is filled with chunks of breaded and fried fillet.